

Alison's Bio for Karate

Sensei Alison is an instructor of Satori Shukokai Karate Australia. She holds a 2nd degree black belt in Shukokai Karate and a 3rd Kyu brown belt in Matayoshi Kobudo.

Alison Bearup

My martial arts journey started as a 9 year old when my parents introduced me to Karate and I loved it immediately. I loved learning how to defend myself, challenging myself and improving my technique. After a break in my early 20's I started my journey again. I was looking for something that I could do for myself and karate was the perfect way I could improve my physical and mental health as well as make great friends.

After many years of teaching in a secondary school and casually teaching karate, this year I have taken up teaching karate in an official capacity. I am really looking forward to a new challenge and to supporting new and existing students improve and achieve the goals they set for themselves in their karate journey.

Qualifications

- Bachelor of Arts
- Graduate Diploma of Outdoor and Environmental Education
- Graduate Diploma of Education (Secondary)
- Level 2 first aid

Accreditations

- 2nd Dan Black Belt
- 3rd Kyu Brown Belt in Traditional Okinawan Weapons Kubudo
- Coaching Accreditation
- State level judge B

Experience

- 20+ year karate and martial arts training
- 13+ years teaching humanities, science and outdoor education in secondary schools

Occupation

- Secondary School Teacher
- Karate instructor